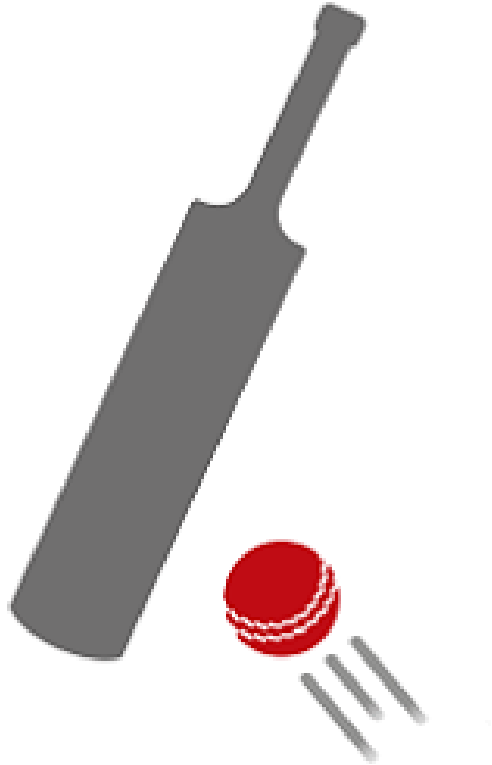


National Team Players Meeting

2. Mai 2023



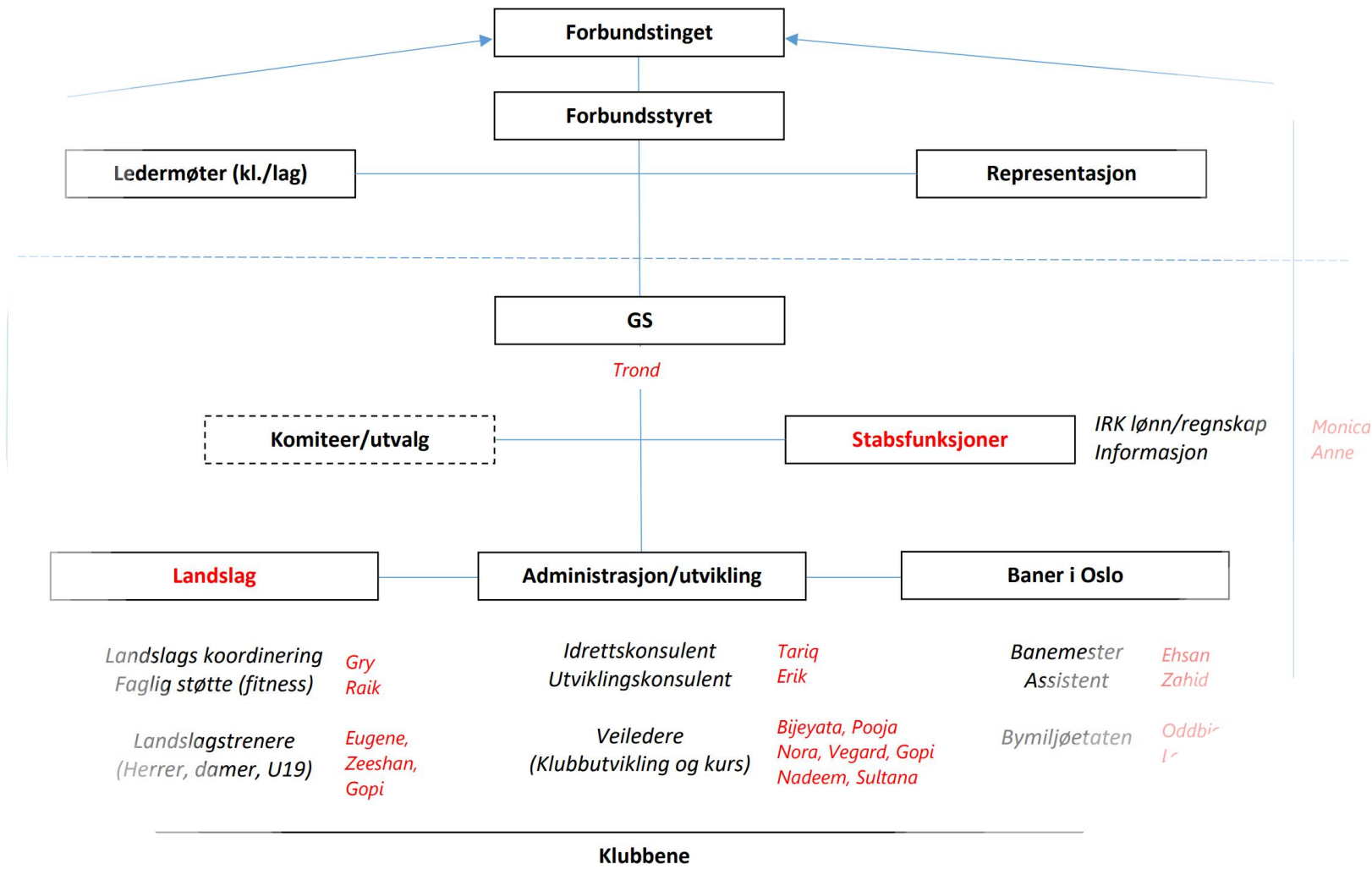


Agenda

- Welcome
- Selection Committee
- Player Tasks & Requirements
- Plans & Activity
- Coaching team
- Final Words

Inkludere – Respektere - Engasjere

Norges Cricketforbund skal tilrettelegge for at cricket kan spilles av alle og på alle nivåer.



Selection comity

Zeeshan Siddique

Nation CK

Leder

David Kuhlwilm

Oslo Aliens CK

Medlem

Pooja Kumari

Vestli CK

Medlem

Fareedoon Bhatti

Sentrum S Ck

Medlem

Selection Committee, process

	Oppgave	Beslutningsorgan	Merknad	Delegert myndighet
5.1.	Uttak til landslag og representasjonsoppgaver	Forbundsstyret	<i>Forbundsstyret</i> <ul style="list-style-type: none">- <i>Nedsette uttakskomite</i>- <i>Oppnevne landslag, manager og assistent-trener menn/kvinner</i>- <i>Vedta mandat med kriterier og retningslinjer for uttakskomite</i> <p><i>Uttakskomiteen skal bl.a. sammen med hovedtrener/kaptein, innstille 14 - 16 spillere for landslagsuttak - menn/kvinner/ungdom</i></p>	<i>President</i>

Criteria for selection

- Training - Commitment to training is essential
- Fitness - Minimum fitness criteria will be in place
- Attitude - Needs to be a positive influence on the environment
- Skills – Regular evaluations on players skills, technique and tactical awareness. Skills required to perform on an international stage
- Club Cricket - Performances at domestic/club level

Selection Committee – Responsibilities

- **Scouting** – Continuous communication with local and overseas clubs for scouting purposes
- **Domestic Cricket** – Be present at domestic matches for scouting purposes
- **Training** – Be present at certain national team training sessions
- **Selection** – Fair and unbiased selection for all National Squads
- **International Cricket** – All National squads will be selected 5 weeks prior to the event/series. This is to ensure all selected players have sufficient time to prepare
- **Domestic Series** – All players selected for Domestic Series (eg NCF Series) will be notified 2 weeks prior to the series to ensure player availability
- **Winter Training Squads** – Winter training squads will be selected for all National Teams and these squads will take part in the winter training programme
- **Winter Series** - Series which take place in winter prior to any domestic cricket will be selected from the National Winter Squad Pools

Code of
conduct

Players
criterias

Ren utøver

Code Of Conduct

- All National Players to sign the updated Code of Conduct. Download from Norwegian Cricket Official Website – [CLICK HERE](#)
- Fill in your name and birth on the top and sign on the bottom
- Send to admin@cricketforbundet.no, no later than May 7, 2023
- The signed code of conduct is valid throughout 2023

Requirements for all National Team players



MinIdrett Account with updated info



Name, mobil and e-mail alway connected to nfo in MinIdrett



Licence paid for 2023



Ren utøver
Yearly updates. Make sure you are certified



Følge og forstå innholdet og krav rundt Anti-korrupsjons og Anti-doping



Attend mandatory meetings & activities

Eligibility

New players not registered within the ICC have to prove they are Eligible for selection under the ICCs requirements. All documents must be shared via admin@cricketforbundet.no no later than May 5, 2023

A minimum of 3 Official documents required with your name and address:

- Passport/travelling documentation
- Electric bill
- Bank statement
- School Certificate
- License
- Helsetrygdekort European health card

If you have been in/out of the country within these 3 years:

- Letter from the emigration office

ENGLISH



VELKOMMEN TIL REN UTØVER!

Her vil du lære akkurat det du trenger å vite om
antidoping.

Logg inn

Ny bruker

RENUTØVER



Erik Aas Andersen

HAR GJENNOMFØRT
ANTIDOPINGOPPLÆRING FOR
TRENERE/LEDERE FOR TOPPIDRETTSUTØVERE

MODULER

Antidopingregler +
Dopinglisten +
Medisinsk fritak +
Dopingkontroll +
Biologiske profiler
Kosttilskudd +
Helsekonsekvenser
Trenerne og ledere

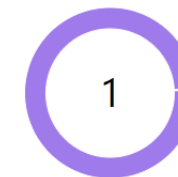
Registrerte brukere



- 0 Bredde trenere/ledere
- 1 Topp trenere/ledere
- 1 Breddeutøvere
- 0 Toppøtøvere
- 0 Toppøtøvere med meldeplikt

Se liste

Bestått læringssti



- 0 Toppøtøvere med meldeplikt
- 0 Toppøtøvere
- 0 Breddeutøvere
- 1 Topp trenere/ledere
- 0 Bredde trenere/ledere

Se liste

MinIdrett



Norsk English Glemt brukernavn/passord? Ny bruker

Logg inn

Om Min idrett Fordeler for deg For klubber og arrangører



Arrangementer

Kurs

Møter

Søk etter arrangementsnavn, sted og/eller idrett

Søk

MEST POPULÆRE ARRANGEMENTER

- 1 FIS-RENN Voss 2021, Alpint
- 2 LO NorgesCup Lyngårdsbakkene, Hopp
- 3 FIS Jølster, Alpint
- 4 Sørvestmesterskapet m/ alternativ gjenno...
- 5 Tverlandsrennet - lokalt renn, Langrenn
- 6 SpareBank 1 Cup 2 + KM normaldistanse ...
- 7 Åsmarkarennet , Langrenn
- 8 Kollmila 2021, Langrenn
- 9 Meridianrennet , Langrenn

Gjensidige



Gjensidige Reiserforsikring

- Policy no: 89367287
- Last ned Appen og du har reisekortet tilgjengelig på telefonen.



NORGE

Team Norway playing kit

We will keep the design for 2023

New players – new kits

Existing players – add-on on request

Nyttige linker

- [REN UTØVER](#)
- [Team Norway Questback](#)
- [ANTIDOPING NORGE](#)
- [LOTTERI- OG STIFTELSESTILSYNET](#)
- [MINIDRETT](#)
- [ICC ANTI-CORRUPTION VIDEO](#)
- [ICC INTEGRITY APP](#)
- [NCF code of conduct](#)
- [NCF Selection Criterias](#)

Tournaments

Staff & players to work together

Makes sure school & work know you are part of Team Norway

Keep deadlines and appointments

Be a good team player

Bring the best out of your team and your room mates!

Upcoming Dates Mens

-
- May 17 – 21, NTP T20I Nordic Cup, Copenhagen, Denmark
 - July 2, NCF Series, Oslo, Norge
 - August/September (TBC), ECL Tri-Series, Dresden, Germany
 - October 11 – 15 (TBC), [ECC 2023 T10, Malaga, Spain](#)
 - Group F; Scotland XI, Germany, Portugal, Luxemburg and Norway
 - October 15 – 22, ECL 2023 T10, Championship Week for group winners

Upcoming Dates Womens

-
- February 3 - 5, NTP Nordic Women's Indoor, Køge, Denmark
 - May 14, 2023, Fitness test, 12:00-15:00
 - May 20, NCF Series, Oslo, Norge
 - Match 1: kl:10:00 T20-20th Mai Ekeberg
 - Match 2: Kl:14:00 T20-20th Mai Ekeberg
 - August 25 - 27, NTP Women performance T10/T20, Helsinki, Finland

Upcoming Dates U19

-
- May 14/May 28, Fitness test, 09:00-12:00
 - June 4, NCF Series 50 overs, Ekeberg, Oslo
 - July 3 – 7, NTP Youth series, Copenhagen, Denmark
 - July 20 – 23, Pre camp 4-day match (details to come)
 - August 4 – 13, ICC U19 Mens WCEQ, Amsterdam, Netherland



Coaches corner

Coaching team

Eugene

Zeeshan

Gopi

Raik

OVERVIEW THUS FARE...

- Great response to 2022 by response to winter training
- Build on 2022 successes i.e. T20 qualifiers and U19 Qualifiers
- Commitment has been great
- Raik contribution has been great overall

- To get into top 30 rank T20 sides
- Continuation of training programs
- Performance ultimately speaks volumes
- Compete more with other nations on all levels
- Players to set the tone at clubs!! (players set standards for others to follow)
- Greater player pools on all levels

Expectations

Training schedule

Team Norway Mens:

Tuesdays at 19:00 -21:00

Stubberudmyra cricket ground

Team Norway Women's:

Saturdays at 09:00 – 13:00

Stubberudmyra cricket ground

Team Norway U19:

Mondays at 17:00 – 19:00

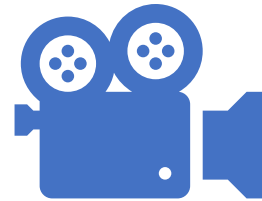
Ekeberg: Middle sessions and fielding sessions during weekdays as the players get

school vacation and this helps us with Qualifiers preparation(Done this in 2022 before qualifiers)

Training plans and sessions



This will be communicated
from coaches to players weekly



Video clips to be done
regularly



Individual goals set by all
players

Training schedule shared in WhatsApp and website

Aktiviteter



AKTIVITET	HVOR	NÅR
✓ <u>Trainings for Mens National Team</u>	Oslo - Stubberudmyra cricket Ground	02.05.2023
✓ <u>Oppdateringskurs for dommere m/erfaring</u>	Oslo	03.05.2023
✓ <u>Dommerkurs trinn 2 / Stage 2</u>	Trondheim	06.05.2023
✓ <u>Trainings for Womens National Team</u>	Oslo - Stubberudmyra cricket Ground	06.05.2023

✓ <u>Trainings for U19 National Team</u>	Oslo - Ekeberg	08.05.2023
✓ <u>Trainings for Mens National Team</u>	Oslo - Stubberudmyra cricket Ground	09.05.2023
✓ <u>Trainings for Womens National Team</u>	Oslo - Stubberudmyra cricket Ground	13.05.2023
✓ <u>Womens Fitness Test</u>		14.05.2023
✓ <u>U19 Fitness Test</u>		14.05.2023
✓ <u>Trainings for U19 National Team</u>	Oslo - Ekeberg	15.05.2023

NOT TO FORGET...

- Great to see players, Men's, Women's and U19s all completing training sessions set out for all players and reporting that back to coaches.
- Great to see players sending video clips of training sessions and giving input.



Motivation rapport 2022

By Coach Zeeshan Siddiqui



Triangular series Desert Spring- Spain (29.04 – 01.05)
Teams: Norway, Spain and Guernsey





ICC T20 WCQ – Norway reached to the Final



FINAL STANDINGS

ICC MEN'S T20 WC EUROPE SR QUALIFIER B

1ST - AUSTRIA

2ND - NORWAY

3RD - GUERNSEY

4TH - FRANCE

5TH - LUXEMBOURG

6TH - SWITZERLAND

7TH - CZECH REPUBLIC

8TH - BULGARIA

9TH - ESTONIA

10TH - SLOVENIA









ECC 2022 in Malaga-Spain (Oktober 2022)
21 Nations Battle for The European Crown



Zeeshan Siddiqui

(Mens National Team)

- **Expectations:**

- Active on training sessions.
- Follow up fitness plan.
- Weekly rapport (every Sunday kl 18) of fitness training on whatsApp group.
- Fitness Test (will be held on end of May).
- Participation on NCF series.

- **Training plans and sessions:**

- Outdoor training every Tuesday from 19 to 21 at Stubberudmyra.
- Batting, bowling and fielding sessions.
- Video clips to be done regularly.

- **NCF Series:**

- 02.07.2023



May 7, 2023
7.mai, 2023

Code of
conduct
Filled & signed

Team Norway
Questback
Finalized

Ren utøver
Check your
status

MinIdrett
Check your info

CricClub
Check your
profile

Deadline..!

ANY
QUESTIONS
?